

2010 UnitedHealthcare NC MARATHON CHEER ZONE *Helpful Hints*

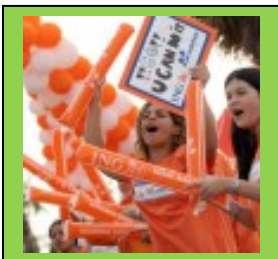
Residents of High Point have an outstanding reputation for team spirit. On Saturday, March 20, 2010 we are asking for local citizens, schools, groups & organizations, churches, and enthusiastic individuals to join us on the 26.2 mile course that will guide racers as they run the 3rd Annual UnitedHealthcare NC Marathon. Every race is an act of endurance and we invite you to encourage and support these runners as they endure miles of roads to raise money for children experiencing foster care in our community. Ready, set, run!

CHEER ZONE PRIZES:

First Place Prize	\$500 Donation to the charity of your choice
Second Place Prize	\$250 Donation to the charity of your choice
Third Place Prize	\$100 Donation to the charity of your choice

CHEER ZONE TIPS:

- Plan to have fun
- Be loud and enthusiastic as runners pass your zone along the route.
- Bring fun & upbeat music, posters, banners, blow horns, kazoos, whistles, balloons
- Create a theme for your zone
- Cheer runners on
- If you know a runner who is participating, make a poster with his/her name and Bib number on it
- Cheer Zones will be judged as the lead vehicle passes through your section



REGISTER ONLINE

**Or, Fill out out Volunteer Registration Form
MAIL OR FAX FORM TO:**

Foster Friends of NC
PO Box 49605, Greensboro, NC 27419
Phone 336.834.9919 & Fax 336.323.1366
[www. NCMARATHON. org](http://www.NCMARATHON.org)